



## Behavioral Health Measures Questions – CMHC & LHD

### Instructions (30 minutes):

#### 1. 20 minutes:

- a. **DISCUSSION QUESTIONS:** Using the materials attached pick one or two of the measures and go through these questions:
  - i. What have you found to be the most effective strategies to achieve these performance measures?
  - ii. What challenges have you encountered in working to achieve these performance measures?
  - iii. Are there any opportunities to collaborate with other providers serving the same patients to achieve common performance measures?

#### 2. 10 minutes: Volunteers from groups will report key thoughts or questions to larger group.

- **Materials:**

- Discussion Questions
- List of Measures in the Bundle and Which DSRIP providers have those measures
- List of activities providers are implementing to achieve their measures (not all inclusive)

- **Note Taker:** Record thoughts and comments on post it paper:

- Identify the measure(s) discussed
- Key notes
- Questions
- Unique Ideas

- **Introductions (very quick):** Name, Organization, Your Role, Overall approach to achieving measure selected (in two sentences or less)

**RHP 9, 10, & 18 Behavioral Health Measures Discussions-CMHC & LHD**

| <b>Measure ID</b> | <b>Behavioral Health Measure Name</b>  | <b>Providers</b>   |
|-------------------|--|--|
| M1-100            | Initiation and Engagement of Alcohol and Other Drug Dependence Treatment (IET) | MHMR of Tarrant County   |
| M1-103            | Controlling High Blood Pressure  | Lakes Regional MHMR Center<br>Metrocare Services<br>Texoma Community Center  |
| M1-105            | Preventive Care & Screening: Tobacco Use: Screening & Cessation Intervention   | LifePath Systems<br>Denton County MHMR Center<br>Lakes Regional MHMR Center<br>Metrocare Services<br>MHMR of Tarrant County<br>Pecan Valley Centers<br>Texoma Community Center |
| M1-115            | Comprehensive Diabetes Care: Hemoglobin A1c (HbA1c) Poor Control (>9.0%)       | Metrocare Services   |
| M1-124            | Medication Reconciliation Post-Discharge                                       | LifePath Systems   |
| M1-125            | Antidepressant Medication Management (AMM-AD)                                  | Metrocare Services   |
| M1-146            | Screening for Clinical Depression and Follow-Up Plan (CDF-AD)                  | Denton County MHMR Center<br>Lakes Regional MHMR Center<br>Metrocare Services<br>MHMR of Tarrant County<br>Pecan Valley Centers  |
| M1-147            | Preventive Care and Screening: Body Mass Index (BMI) Screening and Follow-Up   | LifePath Systems<br>Denton County MHMR Center<br>Lakes Regional MHMR Center<br>Metrocare Services<br>MHMR of Tarrant County<br>Pecan Valley Centers<br>Texoma Community Center |
| M1-160            | Follow-Up After Hospitalization for Mental Illness                             | LifePath Systems<br>Denton County MHMR Center  |

| Measure ID | Behavioral Health Measure Name  | Providers  |
|------------|---|--|
|            |   | Lakes Regional MHMR Center<br>Pecan Valley Centers<br>Texoma Community Center                      |
| M1-165     | Depression Remission at Twelve Months   | MHMR of Tarrant County   |
| M1-180     | Adherence to Antipsychotics for Individuals with Schizophrenia (SAA-AD)   | Denton County MHMR Center<br>Metrocare Services  |
| M1-182     | Diabetes Screening for People With Schizophrenia or Bipolar Disorder Who Are Using Antipsychotic Medications (SSD-AD) | Metrocare Services   |
| M1-207     | Diabetes care: BP control (<140/90mm Hg)  | Metrocare Services   |
| M1-210     | Preventive Care and Screening: Screening for High Blood Pressure and Follow-Up Documented                             | Metrocare Services   |
| M1-211     | Weight Assessment and Counseling for Nutrition and Physical Activity for Children/ Adolescents                        | Denton County MHMR Center<br>Metrocare Services<br>MHMR of Tarrant County                          |
| M1-255     | Follow-up Care for Children Prescribed ADHD Medication (ADD)  | Metrocare Services<br>MHMR of Tarrant County   |
| M1-257     | Care Planning for Dual Diagnosis  | Lakes Regional MHMR Center<br>MHMR of Tarrant County<br>Pecan Valley Centers                       |
| M1-259     | Assignment of Primary Care Physician to Individuals with Schizophrenia  | LifePath Systems<br>Metrocare Services<br>Pecan Valley Centers                                     |
| M1-261     | Assessment for Substance Abuse Problems of Psychiatric Patients   | Lakes Regional MHMR Center<br>Metrocare Services<br>MHMR of Tarrant County<br>Pecan Valley Centers |
| M1-262     | Assessment of Risk to Self/ Others  | LifePath Systems<br>Lakes Regional MHMR Center<br>MHMR of Tarrant County                           |
| M1-263     | Assessment for Psychosocial Issues of Psychiatric Patients  | LifePath Systems<br>Lakes Regional MHMR Center   |

| Measure ID | Behavioral Health Measure Name   | Providers  |
|------------|--|--|
|            |  | MHMR of Tarrant County<br>Pecan Valley Centers   |
| M1-264     | Vocational Rehabilitation for Schizophrenia  | MHMR of Tarrant County   |
| M1-265     | Housing Assessment for Individuals with Schizophrenia  | LifePath Systems<br>Lakes Regional MHMR Center<br>MHMR of Tarrant County   |
| M1-266     | Independent Living Skills Assessment for Individuals with Schizophrenia  | LifePath Systems<br>Lakes Regional MHMR Center<br>MHMR of Tarrant County<br>Pecan Valley Centers   |
| M1-287     | Documentation of Current Medications in the Medical Record   | Pecan Valley Centers   |
| M1-305     | Child and Adolescent Major Depressive Disorder (MDD): Suicide Risk Assessment (SRA-CH)   | LifePath Systems<br>MHMR of Tarrant County   |
| M1-317     | Preventive Care and Screening: Unhealthy Alcohol Use: Screening & Brief Counseling   | LifePath Systems<br>Denton County MHMR Center<br>Lakes Regional MHMR Center<br>Metrocare Services<br>MHMR of Tarrant County<br>Pecan Valley Centers<br>Texoma Community Center |
| M1-319     | Adult Major Depressive Disorder (MDD): Suicide Risk Assessment (eMeasure)  | LifePath Systems<br>Denton County MHMR Center<br>Lakes Regional MHMR Center<br>Metrocare Services<br>MHMR of Tarrant County<br>Pecan Valley Centers                            |
| M1-340     | Substance use disorders: Percentage of patients aged 18 years and older with a diagnosis of current opioid addiction who were counseled regarding psychosocial AND pharmacologic treatment options for opioid addiction within the 12 month reporting period | MHMR of Tarrant County   |
| M1-341     | Substance use disorders: Percentage of patients aged 18 years and older with a diagnosis of current alcohol dependence who were counseled regarding psychosocial AND   | MHMR of Tarrant County   |

| Measure ID | Behavioral Health Measure Name  | Providers   |
|------------|---|---|
|            | pharmacologic treatment options for alcohol dependence within the 12 month reporting period                 |   |
| M1-342     | Time to Initial Evaluation: Evaluation within 10 Business Days  | LifePath Systems<br>MHMR of Tarrant County<br>Pecan Valley Centers                            |
| M1-385     | Assessment of Functional Status or QoL (Modified from NQF# 0260/2624)                                       | LifePath Systems<br>Lakes Regional MHMR Center<br>Metrocare Services                          |
| M1-386     | Improvement in Functional Status or QoL (Modified from PQRS #435)   | LifePath Systems<br>Lakes Regional MHMR Center<br>Metrocare Services                          |
| M1-390     | Time to Initial Evaluation: Mean Days to Evaluation   | LifePath Systems<br>Denton County MHMR Center<br>Metrocare Services<br>MHMR of Tarrant County |
| M1-400     | Tobacco Use and Help with Quitting Among Adolescents  | LifePath Systems<br>Metrocare Services  |
| M1-405     | Bipolar Disorder and Major Depression: Appraisal for alcohol or chemical substance use                      | Metrocare Services<br>MHMR of Tarrant County  |
| L1-160     | Follow-Up After Hospitalization for Mental Illness  | Dallas County   |
| L1-241     | Decrease in mental health admissions and readmissions to criminal justice settings such as jails or prisons | Dallas County   |

**RHP 9, 10, & 18 Activities Providers are Implementing to Achieve Behavioral Health Measures- CMHC & LHD**

| Common Themes  | Activity   | Provider                  |
|--|--|---------------------------|
| Provision of Care Aligned with Certified Community Behavioral Health (CCBHC) Model | Aligning our provision of care with that of the CCBHC model  | Denton County MHMR Center |
|  | Alignment of CCBHC means the agency will increase services that impact utilization, quality, and outcomes thereby reducing emergency room utilization and jail costs while increasing the life expectancy of individuals served. | Metrocare Services        |

| Common Themes   | Activity   | Provider   |
|---|--|--|
|   | <p>Development of an integrated service delivery framework, provide additional screenings in clinics to assess physical and mental health needs, suicide risk, substance use, and social determinants of health and provide timely access to services</p> <p>Further define and implement protocols and services that are consistent with the CCBHC model</p>  | <p>MHMR of Tarrant County</p> <p>MHMR SVCS of Texoma</p>   |
| Utilization of telehealth/telemedicine in delivering behavioral services                    | <p>Increase telemedicine and telehealth services to provide consultations and increase capacity</p> <p>Expanding tele-therapy program through collaboration with multi-disciplinary departments (such as primary care, psychiatry, tele-medicine, etc.)</p> <p>Primary care providers using behavioral health telehealth for consults.</p>   | <p>Lakes Regional MHMR Center</p> <p>UT Southwestern Medical Center at Dallas</p> <p>JPS Health Network</p>  |
| Care Management function that integrates primary and behavioral health needs of individuals | <p>Operate an integrated clinic that has primary and behavioral health care together.</p> <p>Use of Behavioral Health Case Managers at each site in each practice.</p> <p>Care Management Processes</p> <p>Education of practitioners (behavioral and physical) on treatment options for patients with substance abuse</p> <p>Implement alcohol screenings for patients with MDD and bipolar to identify patients high risk of substance abuse</p> <p>Continue to integrate behavioral health services in the primary care setting. Behavioral health services to include depression screening for patients ages 11 years through 18 years, autism screening for ages 18 months through 30 months, ADHD management for patients ages 6 years through 18 years, as well as access to psychology services.</p> | <p>Denton County MHMR Center</p> <p>Children’s Medical Center of Dallas</p> <p>JPS Health Network</p> <p>Medical City Dallas</p> <p>Medical City Dallas</p> <p>Children's Medical Center of Dallas</p> |

| Common Themes   | Activity   | Provider   |
|---|--|--|
| Provision of services to individuals that address social determinants of health and/or family support services. | Implementing processes to assess psychosocial issues, quality of housing, independent living skills, and employment needs.   | MHMR of Tarrant County   |
| Other - Provide appropriate behavioral services to individuals to reduce ED usage                               | Operate a 24 hour psychiatric triage facility that will allow individuals in crisis to walk-in and receive appropriate psychiatric assessment.   | Denton County MHMR Center  |
| Other - Integration of mental health and substance use services   | Concurrent or near concurrent assessments of both mental health and substance abuse disorders and using the results of those assessments to establish treatment goals and objectives are necessary. Follow-up with integrated services directly provide treatment or are appropriately referred to the community for those services needed to address both the mental health and substance use needs of the individual.  | Pecan Valley MHMR Region dba Pecan Valley Centers  |
| Behavioral Health Crisis Stabilization Services   | <p>Continue to utilize our screening and triage system that allows for real-time identification of individuals booking into the Dallas County Jail with a mental health flag. Focus efforts to enhance its face-to-face assessment process to include increased identification and brief interventions to address social determinants of health.</p> <p>Continuation of our crisis residential unit which is built on psychosocial rehabilitation and group skills training on a variety of topics to decrease the likelihood of a client experiencing a crisis in the future</p> <p>Crisis Respite is 12-bed facility for adults suffering a behavioral health crisis. It is staffed 24 hours a day with a 6:1 client to staff ratio.</p> | <p>Dallas County</p> <p>Denton County MHMR Center</p> <p>Pecan Valley MHMR Region dba Pecan Valley Centers</p> |